

## Ergebnisse 35.Friedrich-Wischhöfer-Lauf 2021

| Walking 3650m |             |                                  | Zeit     | Platz |
|---------------|-------------|----------------------------------|----------|-------|
| Janke         | Bernd       | TuS Nettlingen                   | 00:24:06 | 1     |
| Semper        | Norbert     | Nordic Walking Deutschland       | 00:30:12 | 2     |
| Wartmann      | Thomas      | TuSG Wiedensahl                  | 00:44:04 | 3     |
| Minner        | Hans-Martin | TuSG Wiedensahl                  | 00:44:04 | 3     |
| Beißner       | Petra       | TV Jahn Welsede                  | 00:31:26 | 1     |
| Stache        | Jara        | Tus Niedernwöhren Leichtathletik | 00:31:43 | 2     |
| Roeser        | Elke        | TV JAHN WELSEDE                  | 00:33:02 | 3     |
| Stache        | Gaby        | TuSG                             | 00:34:00 | 4     |
| Sobol-Rother  | Jadwiga     | TV JAHN WELSEDE                  | 00:34:88 | 5     |
| Schütte       | Vera        | TuS Niedernwöhren LL             | 00:36:30 | 6     |
| Werner        | Sabrina     | TKV Jerze                        | 00:36:35 | 7     |
| Werner        | Andrea      | TKV Jerze                        | 00:36:36 | 8     |
| Kiskac        | Sonja       | TUS Niedernwöhren                | 00:38:45 | 9     |
| Beier         | Claudia     | Stadthagen                       | 00:39:10 | 10    |
| Tessin        | Birgitta    | Stadthagen                       | 00:39:10 | 11    |
| Walking 7500m |             |                                  | Zeit     | Platz |
| Kühn          | Johannes    | SVE Hiddestorf                   | 01:00:45 | 1     |
| Harmening     | Rolf        | TuSG Wiedesnsahl                 | 01:01:00 | 2     |
| Stegemann     | Karl        | SB Wendthagen                    | 01:04:27 | 3     |
| Stegemann     | Karl-Heinz  | SB Wendthagen                    | 01:07:10 | 4     |
| Wilshusen     | Manfred     | Country Walkers Langenhagn       | 01:08:29 | 5     |
| Volkwein      | Martin      | SV Wilkenburg                    | 01:13:04 | 6     |
| Wiedemann     | Bernd       | Ornis Porta Westfalica           | 01:16:00 | 7     |
| Montag        | Monika      | lifeline Freizeithof List Hann   | 00:56:41 | 1     |
| Harmening     | Annette     | TuSG Wiedesnsahl                 | 01:01:05 | 2     |
| Sobol-Rother  | Jadwiga     |                                  | 01:04:34 | 3     |
| Kagelmacher   | Kirsten     | Turnverein Welsede               | 01:10:33 | 4     |
| Herbst        | Katja       | TuS Niedernwöhren                | 01:11:18 | 5     |
| Bulmahn       | Doris       | TuSG Wiedensahl                  | 01:12:00 | 6     |
| Lesch         | Heidi       | Nordic Walking Deutschland       | 01:13:52 | 7     |
| Wiedemann     | Ute         | FFW Windheim                     | 01:16:00 | 8     |
| Gallmeier     | Silke       | TuS Niedernwöhren                | 01:25:05 | 9     |